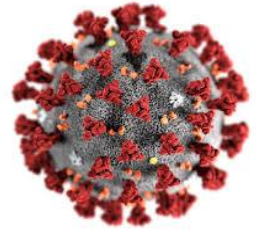




# COMMUNITY UPDATE COVID-19



Many measures have been put in place at the Federal and Provincial levels to “*Flatten the Curve*” on the spread of the novel COVID-19, and the Township of Dawn-Euphemia is no exception. As this situation evolves daily, please visit our website [www.dawneuphemia.ca](http://www.dawneuphemia.ca) or the Lambton Public Health [www.lambtonpublichealth.ca](http://www.lambtonpublichealth.ca) for the latest updates. The Municipal Office is temporarily closed to the public, however office staff are available by phone 519-692-5148 (Municipal Office), 519-692-5018 (Public Works) or 519-401-4808 (***Municipal Emergency after-hours only***) or email [admin@dawneuphemia.on.ca](mailto:admin@dawneuphemia.on.ca). The Public Works and Fire Department will continue to respond to all emergency calls. These measures are in place to protect the health and safety of our staff, residents and families during this unprecedented time.



## CLOSURES & CANCELLATIONS

- Community Centre, Fire Hall Community Room, Florence & Shetland Library - CLOSED
- Fire Fighters Breakfast (April 5, 2020) and Rabies Clinics (April 4 & 18) - CANCELLED
- Special Clean-Up Days (April 17 & 18) - POSTPONED

## What is social distancing?

Social distancing means avoiding contact with others to prevent the spread of COVID-19 and can include:



Avoiding non-essential trips in the community



Limiting, postponing or cancelling gatherings



Working from home where possible



Conduct meetings virtually



Keeping kids away from group settings



Avoiding visits to long-term care homes and other care settings

Keep a distance of 2 metres from others when going for walks or shopping for groceries.



Lambton  
Public Health

Get the latest COVID-19 updates at:  
[LambtonPublicHealth.ca](http://LambtonPublicHealth.ca)

## KNOW THE FACTS

# ABOUT CORONAVIRUS DISEASE (COVID-19)

COVID-19 is an illness caused by a coronavirus. Human coronaviruses are common and are typically associated with mild illnesses, similar to the common cold.

Symptoms of human coronaviruses may be very mild or more serious, such as:



**FEVER**



**COUGH**



**DIFFICULTY BREATHING**

Symptoms may take up to 14 days to appear after exposure to the virus.

Coronaviruses are most commonly spread from an infected person through:

- ▶ respiratory droplets when you cough or sneeze
- ▶ close personal contact, such as touching or shaking hands
- ▶ touching something with the virus on it, then touching your eyes, nose or mouth before washing your hands

These viruses are not known to spread through ventilation systems or through water.

The best way to prevent the spread of infections is to:

- ▶ wash your hands often with soap and water for at least 20 seconds;
- ▶ avoid touching your eyes, nose or mouth, especially with unwashed hands;
- ▶ avoid close contact with people who are sick;
- ▶ cough and sneeze into your sleeve and not your hands; and
- ▶ stay home if you are sick to avoid spreading illness to others.

### For more information on coronavirus:

1-833-784-4397

[canada.ca/coronavirus](https://canada.ca/coronavirus)

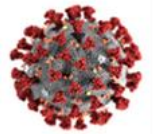
[phac.info.aspc@canada.ca](mailto:phac.info.aspc@canada.ca)



Public Health  
Agency of Canada

Agence de la santé  
publique du Canada

Canada



# How to self-isolate

Follow the advice that you have received from your health care provider.  
If you have questions, or you start to feel worse, contact your health care provider, Telehealth (1-866-797-0000) or your local public health unit.

## Stay home

- Do not use public transportation, taxis or rideshares.
- Do not go to work, school or other public places.
- Your health care provider or public health unit will tell you when it is safe to leave.



## Limit the number of visitors in your home

- Only have visitors who you must see and keep the visits short.
- Keep away from seniors and people with chronic medical conditions (e.g. diabetes, lung problems, immune deficiency).



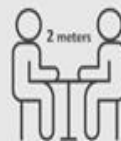
## Avoid contact with others

- Stay in a separate room away from other people in your home as much as possible and use a separate bathroom if you have one.
- Make sure that shared rooms have good airflow (e.g. open windows).



## Keep distance

- If you are in a room with other people, keep a distance of at least two metres and wear a mask that covers your nose and mouth.
- If you cannot wear a mask, people should wear a mask when they are in the same room as you.



## Help is Available for Everyone!

Unemployment Benefits are available for those effected by COVID-19. To review the criteria and process an application, visit [www.canada.ca/en/services/benefits/ei/ei-sickness/apply](http://www.canada.ca/en/services/benefits/ei/ei-sickness/apply) or call 1-833-381-2725. Individuals and Families living in Lambton County who may require Social Assistance can contact [socialservices@county-lambton.on.ca](mailto:socialservices@county-lambton.on.ca) or call 519-344-2057. The Inn of the Good Shephard continues to provide meals and food boxes for those in need, and can be contacted at 519-344-1746.

COVID-19 is progressing at a very rapid rate, and we encourage all residents to follow the orders in place from the Federal and Provincial Government. Do your part and stay home if possible. Let's keep our community healthy and safe! We're in this together. Do not hesitate to contact the Municipal Office with any local concerns.

*Payments for taxes and water can be made the following ways:*

- mailing a cheque
- online or telephone banking
- paying at your financial institution
- dropping off a cheque in our "all-hours" secured drop box located outside the Municipal Office

*Payments for dog tags can be made by*

- mailing a cheque
- dropping off a cheque or cash in our "all-hours" drop box. The box is always locked and checked regularly throughout the day.

*Receipts will be mailed once payment has been received.*

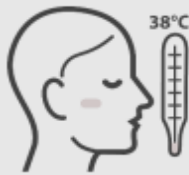
*If you are experiencing financial hardship due to COVID-19 and wish to discuss alternate payment arrangements, please contact the Treasurer at 519-692-5148 or [treasurer@dawneuphemia.on.ca](mailto:treasurer@dawneuphemia.on.ca)*



# How to self-monitor

Follow the advice that you have received from your health care provider.  
If you have questions, or you start to feel worse, contact your health care provider, Telehealth (1-866-797-0000) or your public health unit.

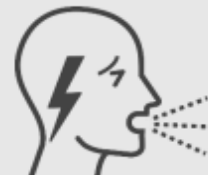
## Monitor for symptoms for 14 days after exposure



Fever



Cough



Difficulty breathing

## Avoid public spaces

- Avoid crowded public spaces and places where you cannot easily separate yourself from others if you become ill.

## What to do if you develop these or any other symptoms?

- Self-isolate immediately and contact your public health unit and your health care provider.
- To self-isolate you will need:
  - Instructions on how to self-isolate
  - Supply of procedure/surgical masks (enough for 14 days)
  - Soap, water and/or alcohol-based hand sanitizer to clean your hands
- When you visit your health care provider, avoid using public transportation such as subways, taxis and shared rides. If unavoidable, wear a mask and sit in the back seat.

## Keeping your Community Safe – Do your part!



Physical Distancing - Keep a distance of 2 metres (6 feet) from others.



Wash your hands often and thoroughly with warm water and soap, for minimum 20 seconds.



Cough & sneeze into your sleeve or use a tissue. Dispose of the tissue immediately and wash your hands!



Stay home when you are sick!

**\*Health concerns regarding COVID-19 can be directed to the  
Lambton Public Health at 1-800-667-1839**