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NEWS RELEASE

For Immediate Release

Heat Warning issued for Lambton County

Monday, August 31, 2026

Point Edward, ON - Environment and Climate Change Canada is issuing a Heat Warning for Lambton County with hot and humid weather forecast for Tuesday, September 1 and Wednesday, September 2, 2026.

Heat warnings are issued when two or more consecutive days of daytime maximum temperatures are expected to reach 31°C or warmer and nighttime minimum temperatures are expected to sit at 20°C or warmer or when two or more consecutive days of humidex values are expected to reach 40°C or higher. In high temperatures and humidity, your body may not be able to cool properly which can lead to heat exhaustion or even heat stroke.

Visit LambtonPublicHealth.ca for more information about extreme heat and your health and access a list of available **cooling centre locations** and the hours of operation.

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Please contact:

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